



HB DETOX WEEKEND PROGRAM

HEALTHY *and* BEAUTIFUL
LIFESTYLE

TODAY IS THE BEGINNING
OF A HEALTHIER LIFESTYLE
FOR YOU.

Your body is the vehicle that drives you to be successful. You must take care of it and keep it in optimal conditions, so you can be more productive, and consequently, achieve what you set your mind for. Detoxify your body and prepare it to start a healthier LIFESTYLE.

Benefits

- Activates metabolism
- Releases excess fluids
- Skin looks younger and full of life
- Helps improve your concentration
- Strengthen your immune system
- Prepare your body for weight loss
- Deeply purges the lymphatic system

Methodology


- Educational trainings
- Healthy eating habits
- Exercises routines
- Medical assessment
- Lymphossage therapy
- Meditation CLOUD*

SIGN UP FOR OUR
WEEKEND DETOX
PROGRAM NOW!





INTERCONTINENTAL
AT DORAL MIAMI

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